

# NEW HOPE PRESS

SUMMER 2019

## *Summer Happenings at New Hope*

We know that summer is a busy time for many. With plans for vacations, graduations, weddings and get-togethers with friends, sometimes the “dog days of summer” can be more hectic than the other seasons of the year. And we also recognize that summer can be the only down-time many people get, and that it’s even harder waking the kids up in the morning when there’s no school.

This summer, we would like to challenge you to become more active in summer activities and worship services at New Hope.

On Sundays, our Formation for Discipleship committee has some exciting things planned for both children’s and adult Sunday School at 9:15 am.

There are still many activities to participate in at New Hope during the summer.



Don’t forget Vacation Bible School beginning June 24th. It’s a great time for the children, but it’s also a rewarding volunteer experience for adults. (See the article in this edition of New Hope Press for more information)

So whatever your summer plans, we hope to see you at New Hope this summer. And remember, God doesn’t take vacations. He’ll be waiting for you when you get back!

## *Youth Fundraiser—Bake Sale & Car Wash*

On May 5th, the Youth Mission Trip participants will be hosting a bake sale and car wash. The car wash will take place before, during and after worship service, in the parking lot off the south doors (outside of the kitchen). The bake sale will be in the hallway by the kitchen and will feature homemade items by the youth and their parents. Please stop by one or both fundraisers on May 5th to show your support for the Youth Mission Trip!



## *Earth Care Trip to Cuba Missouri*



New Hope's Earth Care team is taking a trip to Cuba, Mo to visit Brush Creek Valley Farm on Saturday May 18, 2019. This is the farm of Ruth Irvine's nephew that has livestock and crops. We can see them gathering the eggs, candle them, feed the livestock, etc. We will learn about pasture fed livestock and livestock fed in confined spaces, how the manure feeds the fields and how much happier the livestock are if they're free to roam instead of being in confined spaces.

We will leave New Hope parking lot at 8:30 am to arrive in Cuba by 10:00 am. The tour will last about 2 hours. Our hosts have offered to serve lunch! After lunch there should be time to visit the historic murals in town and the world's largest rocking chair.

Sign-up sheets are in the Narthex. This event is for all ages. Everyone will need to check the weather forecast to see if a parka, poncho or sunscreen will be needed. The farm will be there rain or shine. Questions - contact Cindy Martin at 636 288-4382.

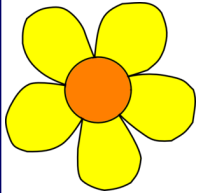
## *Earth Care Congregation News*

Earth Day was Sunday April 28, 2019 and New Hope celebrated with several fun Earth Care activities, crafts and snacks during Formation time. Each class read an Earth Care book followed by a discussion and craft. Everyone gathered for more Earth Care lessons, crafts and snack. Flowers were planted in the corner of the Earth Care Garden. Worship service included an Earth Care lectionary, devotion and hymns. A blessing of the Earth Care Garden was made at the worship service.

The New Hope Earth Care Garden has been constructed, fill dirt added, tilled and ready for planting. Tomato plants, green bean and zucchini seeds are ready to be planted. The bounty from this garden will be given to Oasis Food Pantry. Volunteers are needed to help plant and maintain the garden during the growing season. If you are interested in helping with this ministry, please contact Ruth Irvine or Cindy Martin.



## Summer Sunday School



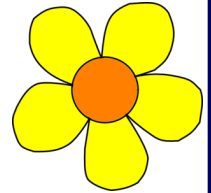
We're starting the inter-generational Sunday school during the summer months! Beginning May 26th, we'll be having a Sunday school class for all ages (from 3 to 99+) in the Sunshine Room! From 9:15 until 10:00 am, everyone is welcome to join us for music, story time and activities.

9:15 – 9:25am – Music/Gathering/Refreshment Time

9:25 – 9:40am – Story Time

9:40 – 10:00am – Craft/Activity Time

We hope you'll consider joining us! Everyone is welcome!



## Music Notes

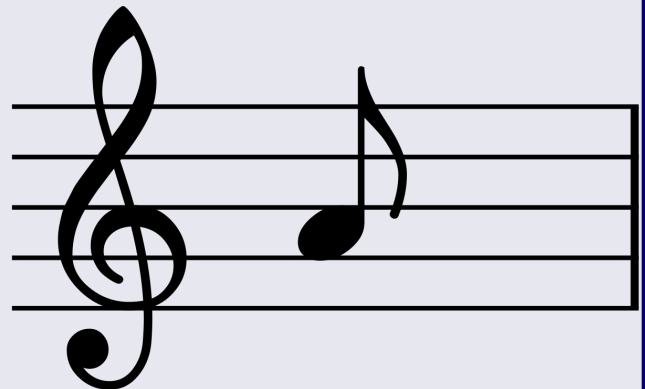
"How Can I Keep from Singing?"

Daniel Levitin, psychology professor at McGill University and author of *This is Your Brain on Music*, analyzed the changes in people's brain activity when they sing together. Levitin concluded that feelings of belonging and elevation of mood are biologically ingrained to surface with communal singing. Neurological research suggests that our brains release oxytocin when we sing with others. Oxytocin is a chemical involved in social bonding. Research also suggests that when singing music we enjoy with other people, our brains release more of two powerful neurotransmitters called serotonin and dopamine. Dopamine activates the brain's pleasure center, while serotonin is commonly deployed to ward off depression.

A PhD student said, "All those moments of singing together with other people created in me a feeling of peace, a feeling of unity, a feeling of belonging, and connection that otherwise in the world is challenging."

"I can go into a rehearsal feeling gross, or having like a really bad mental health day, and I will leave there feeling uplifted, and elated, and grounded, and comforted," said a singer in the Kokopelli Choir Association.

Levitin notes that in ancient societies singing was an important part of community life. After the advent of the European concert hall, many people became spectators of professional singers, rather than active singers themselves ("American Idol," for example). It's unfortunate that many people were told as children that they don't sing well and therefore they don't want to sing. Some adults have judged themselves to be poor singers. But I submit to you that singing in a choir or in the congregation has many benefits. If you try it with an open mind and heart, you may find that you enjoy it more than you thought you would. You may even concur with the poet of the hymn "How Can I Keep from Singing?" The refrain states in part, "Since Christ is Lord of heaven and earth, how can I keep from singing?"



(Information and quotes are from a recent blog titled "The Science Behind Why Choir Singing Is Good for You" by Sarah Claydon for CBC radio).

## *New Child Care Coordinator*

"We have a Child Care Coordinator! Michelle Basile accepted the position, and has extensive childcare and supervisory experience. She has worked as an EMT/Paramedic and her certifications in First Aid and CPR are current. She currently works full-time, primarily as a cook, at the Lullaby Inn Child Care facility in Wentzville; however, she also serves as a substitute, filling in for other child care workers, as needed. Her background also includes working as a head-cashier at Home Depot, coordinating and scheduling the work of other employees. We are excited about Michelle joining our staff as the Child Care Coordinator. She will begin on May 5.

Please join me in giving thanks to Shelley Geiger, who has unofficially filled this role for the past several years. Shelley has done so much behind the scenes, scheduling our child care staff, juggling schedules, and receiving those early Sunday morning texts when someone could not be here. This new hire will allow Shelley to step back, participate more fully in the choir and worship without being distracted by the personnel needs in the nursery and volunteer needs in Worship Feast. Also, this will allow Shelley to focus fully on her new and upcoming role as a grandmother, which is scheduled to begin mid-May!

We will have a small reception following worship on May 5. Please join us to help welcome Michelle to New Hope!"

## *Graduating Seniors*

Congratulations to New Hope's 2019 graduating senior! Please take a moment to offer your personal congratulations to the student below:

Grace James— attending Truman State University



## *Presbyterian Women*

Strawberry Sundae Sunday

Mark your calendars now for Strawberry Sundae Sunday on May 19th in the Sunshine Room, immediately following worship service. More details will follow soon in the weekly News & Opportunities.





## 2019 Vacation Bible School

### Vacation Bible School 2019

**Hero Central: Discover Your Strength in God!**

**June 24th—June 28th ~ 9:00 AM - 12:00 PM**

Join us as we blast off with the first VBS to land on the moon! Cokesbury's To Mars and Beyond will help kids discover the wonders of God's universe. They'll become Voyagers on a journey through space, exploring where God's power can take them. Beginning in your Assembly area—an outpost on Mars—they'll lift off to distant planets on special missions to collect power sources. Along the way, they'll learn how God walked with heroes of the Bible, and that God is always with them, too. Add to the adventure with out-of-this-world fun, learning, and timeless Bible stories that inspire kids to give glory to God, who is able to do far beyond all that we could ask or imagine!



Vacation Bible School will be from 9 a.m. until noon and will include a special snack and t-shirt! Registration is \$25.00 per child, which includes a t-shirt. Early drop-off is available (7:30 am—9:00 am) for an additional charge.

As in previous years, we will end our VBS week with a Celebration Picnic on Sunday, June 30th, following Worship Service.

Vacation Bible School is a great opportunity for us to share God's love with the children who attend and with each other. We are hoping that you will prayerfully consider helping this year. There are lots of places to help out, and childcare will be provided at both sessions.

Registration forms and volunteer forms are available in the Outreach and Information area of the Narthex. Please feel free to call the church office with any questions.

### FINANCIAL CORNER

**CONTRIBUTIONS**  
Budget  
To-date Actual

**April 2019**  
34,227.59

**Year To Date 2019**  
136,910.36

***May Birthdays***

Jocelyn Faubert	05/02	Marissa Malta	05/18
Rick Koonley	05/05	Robert Dencker	05/21
David Howell	05/08	Grace James	05/21
Edward Nowakowski	05/08	Luke Hantack	05/23
Bryan Yarde	05/09	Carolyn Doerr	05/25
Ella Harmon	05-10	Ken Pinkley	05/27
Maggie Cox	05/12	Juanita Bostic	05/28
Alyssa Murray	05/12	Ruth Irvine	05/28
Garry Clayton	05/14	Maddy Snyder	05/29
Ellyn Yarde	05/16	Shannon Rera	05/30
Stacey Bordes	05/18		
Ryan Dittmar	05/18		

***May Anniversaries***

Cary & Margaret Lippert	05/06/1989
William & Ruth Reilly	05/12/1984
Kurt & Jody Romkey	05/19/1990
Rick & Jackie Etling	05/21/1994
Jay & Ann Rademan	05/21/2005
Paul & Martha Hacker	05/25/2013
William & Ruth Irvine	05/25/2002
Rick & Vicky Koonley	05/25/1985
Christopher & Jennifer James	05/27/1995
Dave & Barb Knes	05/28/1966

***June Birthdays***

Camellia Callahan	06/01	Sharon Martin	06/18
Jane Cox	06/01	Aimee Calvin	06/19
Kim Isbell	06/02	Bobbi Cusumano	06/19
Madeleine Harmon	06/03	Anna Mae Richardson	06/20
Sharon Barnes	06/06	Anne Finks	06/22
Valery Cassetta	06/06	Lindsay Gonterman	06/23
Vicky Koonley	06/06	Joe Seidler	06/24
Amie Tilk	06/07	Max Barbee	06/25
Mackenzie Calvin	06/09	Tyler Salter	06/25
Matthew Hamilton	06/15	Karen Yarde	06/26
Cole Nowakowski	06/15	Alex Cassetta	06/29
Rory Marshall	06/16	Tonia Cassetta	06/30
		Holly Martinez	06/30



***June Anniversaries***

Erik & Marion Hamilton	06/03/2006
Mark & Katie Besselman	06/04/2011
Bob & Katherine Mudrovic	06/04/1988
Jim & Debbie Phillips	06/06/1970
Gary & Roberta Looman	06/07/1963
Dean & Kim Isbell	06/09/1990
Neal & Mary Powers	06/10/1979
Ed & Lynne Snyder	06/12/1982
Keith & Karen Yarde	06/18/1983
Del & Susan Phillips	06/22/1968
Joe & Susan Petrowsky	06/25/1971
Richard & Sharon Martin	06/26/1960
Jim & Connie Pettit	06/26/1966

***July Birthdays***

Susan Petrowsky	07/01	William James	07/19
Katie Harmon	07/02	Debra Timperley	07/19
Quinn Marshall	07/04	Tom Wilson	07/19
Jeanne Brown	07/05	Abby Martinez	07/21
Sylvia Malta	07/05	Peyton Marshall	07/22
Randy Malta	07/06	Rachel Snyder	07/22
Michael Black	07/07	Jackie Etling	07/24
Richard Martin	07/07	Margo Van Mill	07/25
Julie Nowakowski	07/08	Joseph Murphy	07/26
Linda Dencker	07/15	Martha Hacker	07/27
Kyle Graber	07/16	Hank Besselman	07/30
William Irvine	07/17	Patrick Tilk Jr	07/31
Kayla Martinez	07/17		
Chris Meinert	07/17		

***July Anniversaries***

Willie & Kelly Hantack	07/01/2000
Patrick & Amie Tilk	07/16/2016
Wynn & Katelynn Ward	07/18/1987
Rick & Tonia Cassetta	07/24/1999
Jean Pierre & Stacy Bordes	07/25

## MAY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> 5:30pm Dinner 6:00pm Covenant Class 6:15pm Bell Choir Practice 6:30pm Boy Scouts 7:00pm Girl Scouts 7:30pm Choir Rehearsal	<b>2</b> 1:00pm Agape Circle 6:30pm Boy Scout Troop 30 7:00pm Joy Circle	<b>3</b>	<b>4</b> 9:00am Journey Retreat 3:00pm Girl Scouts
<b>5</b> 9:00am Youth Car Wash & Bake Sale 9:15am Christian Education 10:15am Worship 11:30am Emergency Weather Response 11:30am Harmony Faith Family	<b>6</b> 7:00pm Deacon Meeting	<b>7</b> 7:00pm Cub Scouts	<b>8</b> 5:30pm Dinner 6:00pm Covenant Class 6:15pm Bell Choir Practice 6:30pm Boy Scouts 7:30pm Choir Rehearsal	<b>9</b> 6:30pm Boy Scout Troop 30	<b>10</b>	<b>11</b> 9:45am Oasis Food Pantry
<b>12</b> Mother's Day 9:15am Christian Education 10:15am Worship	<b>13</b> 6:15 MME Meeting 7:00pm Session Meeting	<b>14</b>	<b>15</b> 6:15pm Bell Choir Practice 6:30pm Boy Scouts 7:00pm Girl Scouts 7:30pm Choir Rehearsal	<b>16</b> 6:30pm Boy Scout Troop 30 7:00pm Employment Ministry	<b>17</b> 3:00pm Girl Scouts	<b>18</b> 8:30am Men's Breakfast
<b>19</b> 9:15am Christian Education 10:15am Worship 11:30am PW Strawberry Sundae Sunday	<b>20</b>	<b>21</b> 7:00pm Cub Scouts	<b>22</b> 6:30pm Boy Scouts Troop 30	<b>23</b> 6:30pm Boy Scout Troop 30	<b>24</b>	<b>25</b>
<b>26</b> 9:15am Christian Ed 10:15am Worship	<b>27</b> Memorial Day Church Office Closed	<b>28</b> 7:00pm MCU	<b>29</b> 6:30pm Boy Scouts	<b>30</b> 6:30pm Boy Scout Troop 30	<b>31</b>	

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